Fear Fighters Dialogue Ideas:

Spider Level:

Fear of spiders: creepy, crawly, too many legs, suck their victims dry, trap victims, venomous, bite, easy to overlook

“Eeeew gross! I hate spiders! I need to get out of here!” -use WASD to move. (if no splash screen)

“Why is that spider in the house?” “ what is it eating?” - search the house for clues

“gross! It’s a \_\_\_\_\_! – mosquitos can give people diseases including Zika virus, West Nile virus, Chikungunya virus, dengue, and malaria.

-cockroaches can cause food poisoning, salmonella, and even typhoid fever when they contaminate food.

– ticks can make people really sick and even give you Lyme disease, babesiosis, ehrlichiosis, Rocky Mountain Spotted Fever, anaplasmosis, Southern Tick-Associated Rash Illness, Tick-Borne Relapsing Fever, tularemia, and more.

“Maybe if I feed this bug to the spider, the spider will leave”. – feed all the bugs to the spider to win

-spider bites are extremely rare. Less than 5000 bites are reported each year on average. Bug bites can be misdiagnosed as spider bites, which makes the actual number even smaller.

-Spider bites are commonly misdiagnosed. A review published in 2016 showed that 78% of 134 published medical case studies of supposed spider bites did not meet the necessary criteria for a spider bite to be verified.

-only bites from black widows, and recluses are of any seriousness. Most spider’s venom will not cause significant harm to humans.

- Only 1,500 bites from recluses and 1,800 bites from black widows were reported in 2013 in the U.S. by the AAPCC”

-Cleaning regularly, and removing clutter helps prevent spiders and most other bugs from making a home in your house.

-Spiders don’t feed on humans. If they bite a human, it is usually out of defense.

Heights Level:

Could fall and die or get hurt, lose balance, can’t see things very well that far away?,

Get ready to climb a mountain!. Be prepared, but not only for the hike, get ready for a beautiful view! – Use either ASD or the arrow keys left right and down to slow down.(if no splash screen).

“I can do this! I just need to visualize myself overcoming my fear!”

-Remember to breath. Breathing normally will help to keep you calm.

-Take it slow. It’s okay to go at your own pace when trying to overcome a phobia or fear.

-Don’t be too hard on yourself. Everyone has a fear of heights to some extent! It’s natural. Positive thinking, is a good tool when dealing with fears.

“I made it!” -You did it! You have accomplished your goal, and are on the path of conquering your fear!